

COMPASS

DAILY DEVOTIONAL

FOR
APRIL
2025

Temiloluwa Ola

**NOT
FOR
SALE!**

Practical thoughts for a productive day

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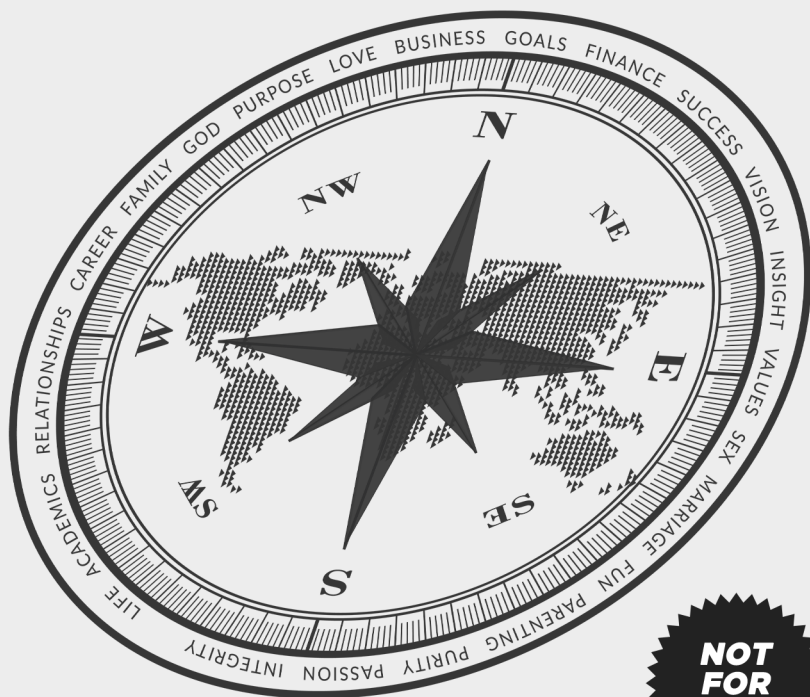
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- APRIL 2025 -

COMPASS

DAILY DEVOTIONAL



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Practical thoughts for a productive day

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Introduction

Beloved,

Welcome to the month of April!

It is a privilege to bring you the Compass devotional once again.

This month, may the resurrection power of the Lord be made manifest in your life. As we celebrate the resurrection of our Lord Jesus Christ, may the same power that raised Him from the dead lift you higher.

May the life of God be evident in every area of your life, and may His abundant grace flow in your health, marriage, business, and spirit.

This month's devotional will be a blessing to any believer who desires to grow and deepen their relationship with God. Each day's message contains simple thoughts that will bless you. Soak in each one, practice the Word, and obey every instruction of the Spirit.

Do not forget that the devotional is not a substitute for your personal time with God. Please make time to study the Word and spend time in prayer.

May the Lord bless you and cause you to experience His goodness every day of this month.

**With love,
temilOluwa Ola, Eruwa**

Feedback

God bless the day(March 10th 2023) I stumbled on your tweet on - "THOSE YOU DROP THE STANDARD FOR". Thank You Sir for giving out value for FREE. I was so blessed that I quickly followed, screenshotted the tweets and clicked the link to join the WhatsApp group.

When I noticed you drop the daily devotional, I was so happy that I began sharing on my status, and to my siblings group.

People would read and enter my DM, thanking me for posting, sharing lessons gleaned and how blessed they are.

Even my class representative, when I was in school, had to add me to his group and asked that I share the daily devotional with them. God is using you Sir to bless lives. Keep up the good work.

How you begin each devotional with captivating stories with spiritual instructions, especially the ones about you and your Beloved "Irewamiri" - I love Godly marriages and homes. God Bless you, Sir. When I saw the link to download COMPASS, my joy knew no bounds. Every morning, I look forward to what God has to say to me through you. Keeps me wondering how Lawyers become great Ministers of God. Thank you for answering and honouring the CALL OF GOD on your life.

More Grace, fresh anointing and fresh fire upon you Sir! God bless you for me.

- CHISOMAGA, ABUJA

I look forward to the devotional every morning because each message has been refreshing and instructive. The first time I shared it on my WhatsApp status, someone pleaded that I keep sharing it. Just last week, someone else chatted me up and told me the devotional I share has been a great blessing to her. Well done, sir. The Lord bless you and the ministry. His grace abounds towards you. You will not run dry. I pray Kingdom financiers (including me) arise to support this.

- JUSTINA OYEDEJI, ILE-IFE, OSUN STATE

To the glory of God, the devotional is relatable and very practical. It has really kept me in check. Especially the one entitled " Why do you have to check it? It's a blessing.

TGod bless you, Pastor.

- MICHAEL, GHANA

Thank you so much sir for what God has blessed us with through you. It has been an amazing journey. I started reading from someone's status, got your link, and started posting on my status as well for others to see I posted late one day and someone noticed.

It's been a good journey for me, with so much wisdom and depth. God bless you, sir! They come with relatable stories and lessons from each day. I can't get enough of them. God bless and increase you, sir!

- TOLULOPE, IBADAN

I usually read the devotional on my friend's WhatsApp status, and then as I was reading one day, I saw a link to join the WhatsApp group on the flier. I have been so blessed by the devotional and nuggets too. One of your posts came timely last week, I was in a very bad place and didn't know what to do, your write-up was the answer I needed. Thank you Pastor for writing these devotionals in a way that I could relate with. Thanks for the graphic titles and stories too. God bless and strengthen you sir. Thank you for yielding to God sir.

- ESTHER AMOS, ENUGU

I got to know you from Twitter just a few months ago. The devotionals on marriage have made me get a different perspective on marriage and my roles therein. Not yet married, but believing to be soon, and I'm going to be the best wife to my husband.

- DESIRE, UGANDA

I've been following you for a while now and your content captivated me. My walk with God improved when I started reading them. I always look forward to reading them as it has become part of my bible study. God has really really helped me and I'm blessed. A close friend of mine also testify to knowing you from his days in Eruwa(poly) and he testified that you are a child of God and he also loves your content. I have been posting since day one and my contacts have been greatly blessed. God bless you, sir. More grace and unction to function in Jesus' mighty name. May you continue to be on fire for the Lord. May your marriage continue to be sweeter and sweeter in Jesus' name

- INIOLUWA, OGBOMOSHO, OYO STATE

Feedback

After my morning prayers, this devotional is my next activity and I always share the image version of it on my WhatsApp status and it has been blessing lives.

One of the days, I just felt like not sharing it, after some hours that morning, some persons on my contact list messaged me asking for the devotional of the day. In their words, it has been blessing them too. I felt so fulfilled that day and I also shared the group link to some of them.

Most times the devotional speaks directly to what I am going through personally and as a family with my wife. Sometimes I and my wife always end up our morning conversations with the message of the day from ATOM devotional.

May God continue to bless and enrich you and your wife and also grant you all your heart desires for the family and your ministry in Jesus' Name, Amen.

- JEREMIAH UGWULEBO, PORTHARCOURT

Your messages have blessed me in no small way sir, I'm someone that has battled with unforgiveness/anger for a long time, although the Holy Spirit to a good extent, has curbed me and cut out the excesses over time. I read a particular devotional where you addressed unforgiveness, saying the devil always come around those who have his package. I made a resolution from that instant, and it has become my favorite daily quote - (offences will always come, but I choose not to be offended, I don't keep the package of the devil). Since then, I let go of hurt easily.

Not just the forgiveness aspect, I have gotten encouragement countless times from the devotional, that sometimes I just keep scrolling through to re-read them. I also post on my WhatsApp status some times, and I get amazing replies from my viewers.

Thank you so much sir. You're a blessing!

- REBECCA OSEYI, EDO STATE

I am Marie Laurel from cameroon. I love and appreciate the way God used you to speak especially to me everyday. It has been doing much good to me at all times and making my crooked really straight. More grace to you sir.

- MARIE LAUREL, CAMEROON

This devotional has really been a blessing. After my quiet time, the next thing I check out for on my phone, is the devotional. I have also been sharing and my sisters and a lot of my contact list are part of the devotional community.

Every devotional always comes with power and as though they are written to address every season in my walk with the Lord.

Thank you Pastor and Mummy for this impact. The Lord keep you and may His anointing over your life keep increasing. Amen!

- NANCY GABRIEL, NASARAWA

The content from the devotional goes beyond here, I share and post on my status as a way of spreading the gospel. I enjoy the relatable stories and it is very relevant to present days as well as historical and biblical, honestly holistic.

Thank you so much Sir

- OPE POPOOLA, UNITED KINGDOM

Thank you for the wonderful devotionals that you do send to us every morning. Sincerely speaking, each devotional relates to my life in one way, and I am happy because I get answers from the devotionals and also directions. I thank God for bringing you my way. And I pray that God will continue to anoint you and your oil shall never run dry. God bless you and the ministry tremendously, sir. Thank you very much.

- OLUWABUSOLAMI, LAGOS

Pastor Temiloluwa and everyone working with you, thank you for your consistency in delivering the word through this devotional. I came across your tweets and everytime I read, I would be encouraged. I am encouraged to also start sharing the image version of the devotionals with my contacts.

- DUDLEY CHIDZIVA, ZIMBABWE

This devotional has been a great blessing to me and those around me. It is like my daily manna. Thank you for yielding to God, thank you, sir; for sharing your life experiences and how you react to them by the help of the holy Spirit to instruct us. More of God's insight and grace.

- PATRICIA, ABUJA



UNCLOTH THAT THING YOU FEAR

Text: 2 Timothy 1:7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

As young ones still in primary school, we had one of our paternal uncles living with us. He was full of mischief. He was always the one at home when we returned. He played a prank on us for a while.

As we opened the door, this being covered in red drapes would emerge from the back of the door making strange sounds. We would scream and run. By the time we were back, it was uncle we would see without any disguise. We were a bit confused, especially me.

The fear stopped the day I knew who was behind the mask. It was my uncle. Instead of running, I laughed the next time he tried making me scared.

Settle it fast that God has not given you a spirit of fear. The devil leverages fear to further his agenda. Once you are afraid, he finds an entry point. Once he finds an entry, he begins to control all sorts of things and distracts you also.

How do you deal with that fear?

Grow in knowledge. People are destroyed for lack of knowledge. Invest in growing knowledge. Do not stay in ignorance. Do not allow

superstition to reign in your life. Do not allow tradition to put you in a cage.

Do you know that the prophets recorded that when men see the devil for who he is, they will be shocked that what they feared and “worshipped” only had a bloated image?

Isaiah 14:16 NKJV

[16] “Those who see you will gaze at you, and consider you, saying: ‘Is this the man who made the earth tremble, who shook kingdoms,

There are things that growth deals with. Make up your mind to grow in 2025. Deal with that fear by growing up.

As a child, I always wanted someone to be with me in the room before sleeping. The light was also on. Why? I was afraid. Not anymore. Why? Growth has dealt with my fear.

Invest in growing!

It handles fear.

CONFESSION

I am no longer a slave to fear. I am a child of God. I grow in knowledge.



BUILD YOUR BANK OF FAITH-FILLED WORDS

Text: Jude 1:20 NKJV

But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit.

I belong to the company of those who cannot kill a chicken but can eat one. I would have been far worse off, but a certain festive season saved me.

I was spending Christmas with a dear uncle who loved animals. They were carrying birds (hen and turkey) into a waiting vehicle. He called me to come and help. He did not know that I was afraid of carrying a live fowl.

While I hesitated and shook in fear, my uncle's voice reached out with a command, "Carry that Turkey now." That was my deliverance. I carried the turkey that day, but I cannot kill a fowl to date.

One of the ways you will overcome fear is to be careful about the voices that speak into your ears and life. Anyone who has your ears has your life. One of the gates into the life of any man is the ears.

Listen, a dear teacher shared how he noticed he does not tolerate failure. How did he master it? He traced it to his first pastor. Voices can bring you into the fears. The right voice will bring you out of it.

It took my uncle's piercing command to deliver me from that fear. Do you have any voice in your life that pierces that strange order that fear has built around you? Do you have a voice that makes you bold when life wants to choke with fears?

One voice you cannot take for granted is the voice of a Shepherd:

Psalms 23:1, 4 NKJV

[1] The Lord is my shepherd; I shall not want.

[4] Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

Anyone who keeps speaking fearful words to you and over you will soon put you in bondage. However, if you are soaked in faith-filled words, you will realize that faith becomes your default by simply listening to God's Word.

When the fear of death comes knocking, do you have a response to life? When fear of failure comes to you, do you have a response? When the fear tries to choke you, do you have a faith-filled testimony?

Start gathering your arsenals of faith now. You will soon need them. Only faith-propelled words activate angels.

Be blessed!

CONFESSIO N

*I am full of faith. I speak the utterance of faith.
I walk in faith*



WHEN IT COMES TO DESTINY...

Text: 2 Corinthians 6:1 NIV

As God's co-workers we urge you not to receive God's grace in vain.

My grandfather in the faith shared the story of how he and his beloved friend and brother would regularly visit an elderly person anytime they were chance to be together in the city. It was a regular thing.

As time went on, they realised they always returned with doubts rather than faith, a weakened will to pursue divine vision rather than a strengthened one. However, they continued to go out of respect.

One day, on their way to the place, his friend suddenly parked the car and said, "I am not going again. I am turning back here". He began to encourage his friend that they should still go. He did not want it to look somehow.

His friend leaned over to the passenger side, opened the door and said, "You can get down and keep going. As for me, I am turning back here". They made a U-turn that day.

He then looked at us in that meeting and said to us, "When it comes to matters of destiny, be brutal".

One of the questions you must ask yourself regularly is this, "Where do I go that adds the most value to me?" Make a list of such places and people. If I were you, I would prioritise such places. There is no need to be sentimentally attached to places and people that drain you in all areas.

I honestly love the heart of Jonathan. He knew David would be king:
I Samuel 23:16-17 NKJV

[16] Then Jonathan, Saul's son, arose and went to David in the woods and strengthened his hand in God. [17] And he said to him, "Do not fear, for the hand of Saul my father shall not find you. You shall be king over Israel, and I shall be next to you. Even my father Saul knows that."

He made a covenant with David but rather than make that tough choice, he returned to his home. He returned to comfort instead of staying with the covenant.

There is no sentiment when destiny is involved. Jonathan was caught in between. He paid with his life. He should not have been on that battlefield.
I Samuel 31:2 NKJV

[2] Then the Philistines followed hard after Saul and his sons. And the Philistines killed Jonathan, Abinadab, and Malchishua, Saul's sons.

Which places add the most value to you?

Which places are you sentimentally attached to?

Deal with it.

CONFESSION

I am ever conscious of my destiny. I make pro-destiny decisions. I place value on destiny moments.

DAY 04

SPEAK KIND WORDS

Text: Colossians 4:6 NIV

Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

I walked into the bank some years back and it was still quite full even though it was almost the close of business for the day. I needed help in the Customer Care section. The bank staff still had about five people in front of him. His face was stiff and extra serious. He was attending to people with the last ounce of his patience. I know that with a little push, things may go south.

I picked up a piece of paper and wrote something on it. I passed it to him. He read it and he lightened up. I may not remember the exact words I wrote but it was something like, “I know it must have been a long day. Thank you for attending to our banking issues. We are grateful”. The way he approached everyone else was different. Surely, he attended to me also calmly and with composure.

Beloved, kind words are very powerful. Let your words be marinated in kindness. Serve your generation with grace and class. Words are very powerful. Some people that you will meet already have been poisoned by different circumstances. You must make up your mind that the toxicity will not impact or affect you in any way.

Kind words bring life to the hearer. They can even bring health to the body. Some people have kindness deficiency. Serve them kind words.
Proverbs 16:24 NLT

[24] Kind words are like honey— sweet

to the soul and healthy for the body.

Kind words can help deal with anxiety. They reassure people that all will be well. They may seem short, but they carry great weight. It lifts burdens from the heart of people.
Proverbs 12:25 NLT

[25] Worry weighs a person down; an encouraging word cheers a person up.

In order to be a blessing, be quick to hear but slow to speak. Think through thoroughly before speaking. Make sure it will be a blessing.
Colossians 4:6 GW

[6] Everything you say should be kind and well thought out so that you know how to answer everyone.

Everything you say should be kind. Think through it well. You will be able to provide the right answers per time.

This season may your words be gracious. May your words give life and build lives. Amen.

Find an occasion to say kind words every day.

CONFESS I O N

I do not joke with the morning. I command my morning. I am an early riser.



DO NOT HANG AROUND OPPORTUNITIES TO

Text: Proverbs 24:21 NKJV

My son, fear the LORD and the king; Do not associate with those given to change.

When my parents were trying to introduce us to fasting, it was particularly challenging for me. I disliked the month of August, with its annual pre-convention fast. To make matters worse, it was summer break (long vacation), a time when fasting is even more difficult.

I would try my best to fast, but I would visit our neighbours to waste time, which is where the temptation began. They always had bread on the kitchen counter, free for the taking. On such days, I tried hard, but it seemed the bread was always waiting for me to rescue it.

Initially, when I ate the bread, I would take a small piece and feel guilty for breaking my fast. But after a while, I went to my neighbour's house, knowing I would eat the bread and later pretend at the prayer meeting that I had fasted.

If you hang around compromise, you will compromise. If you hang around opportunities to sin, you will most likely sin. Hidden in the powerful account of the journey of men and women of faith is a statement that should warn us about hanging around opportunities that can derail us in life and destiny.
Hebrews 11:15 NKJV

[15] And truly if they had called to mind that country from which they had come out, they would have had opportunity to return.

If you create opportunities, you will always compromise. Self-control is easier when you are disciplined enough not to be

careless and hang around the pit. If you go where you will be tempted, do not be surprised that you are tempted. You created an opportunity to be tempted.

This is the worst part- the taste of compromise lingers and still draws you at any slight opportunity. If you are not careful, it becomes your default. It became easier to sneak in and eat bread after a while.

Sometimes, you become so weak in resisting that you no longer consider any barriers. You have lost that sense of shame. You do not have to sneak to compromise. You are now a daring compromiser.

Run as fast as you can from anything or anyone that weakens your defence. Run! Do not wait to explain. Do not try to test the waters. Run. If you have ever been trapped in compromise, do not stay around to check anything out, run!

Do not hang around opportunities that weaken your conviction, commitment and consecration. If you stay too long around Delilah, you will soon become the enemy's dinner. Run!

The proof that you are strong in some temptation is to run. Do not try to explain. Just run!

CONFESSION

I do not give room for compromise. My conviction is strengthened daily.

DAY 06

OF STUBBORN “KEKE RIDERS” AND THE BELIEVER’S AUTHORITY

Text: Ephesians 4:27 ESV

And give no opportunity to the devil.

While I waited in the market for Irewamiri and a senior sibling to return, I had a great time reading, but something happened that did not leave my mind.

The tricycle drivers would park recklessly to drop off and pick up a passenger, not minding other vehicles behind them. They acted like the kings of the road. I saw drivers honking. They were running out of patience, yet these “keke riders” would still do whatever they wanted with such a bad attitude. At a point, a car had to squeeze its way through the available space.

One of such tricycle riders parked recklessly again. He blocked the pathway of other vehicles to pick up a passenger. Then, a bus full of soldiers was coming right behind it. The soldier seated in front tapped the tricycle. When the rider looked back and saw who tapped him, he sped off immediately and cleared the path. I had a good laugh where I was.

As simple as it was, that is exactly how the relationship between the believer and the devil should be.

The devil is not just restless. He is also reckless. He believes he can do whatever he wants.

1 Peter 5:8 NKJV

[8] Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

1 John 5:19 NKJV

[19] We know that we are of God, and the whole world lies under the sway of the wicked one.

If you give the devil any chance at all, he will kick you around like a leather ball. He loves to toss around ignorant people.

But everything changes the moment you are “militarised,” that is, you understand who your God is, who he has made you to be, and the resources available to you. When the devil knows you are aware, he stays clear from you and sometimes clears the road for you.

The world may lie under the grip of evil, but the devil knows enough not to cross his boundaries.

When you are born again, the wicked one does not and cannot touch you.

1 John 5:18 NKJV

[18] We know that whoever is born of God does not sin; but he who has been born of God keeps himself, and the wicked one does not touch him.

The evil one cannot harm you

1 John 5:18 NIV

[18] We know that anyone born of God does not continue to sin; the One who was born of God keeps them safe, and the evil one cannot harm them.

Do you know who you are?

If you don’t, the devil will cheat you.

Put on your kingdom military uniform and tap that devil to clear the road for you. You are God’s envoy!

CONFESSION

I am far from the Devil’s oppression. I have victory over the Devil.

DAY 07

HOW TO DRAW THE MOST FROM FATHERS AND TRAINERS

Text: Proverbs 23:1 NIV

When you sit to dine with a ruler, note well what is before you.

About 10 years ago, I visited my grandfather in the faith. When I entered his office, he asked me about the ministry, and I began to share the things the Lord had done and was doing. He brought out a pen and a paper. He took note of some things I said. He asked further questions, and I spoke more.

It did not take me long to realise that was not what I should have done. I should have answered briefly without trying to bore him with details and then asked questions about how to do it better.

Anytime you have the privilege to be around those who have gone ahead, make sure they are doing the talking while you do the listening. Listening to them makes them share more. Some of us are in a hurry to share our victories. If you have the privilege too, make it brief and then create room for them to share.

When you are around greatness, do not try to prove any point. It is a sign of a poor self-image. You are not in a competition. Take the posture of a student.

I was in a place once, and a dear teacher was about to share a lesson. As the teacher made the first statement, another minister, who should also have been learning, began with, "Even us..." and continued talking until we were denied the opportunity to hear from that dear teacher. It was painful.

I heard a minister share how he was on a bus with several respected figures and began to consider how to impress them.

At that moment, the Holy Spirit said to him, "Stay quiet. Sit down. Observe. Listen. You will gain more." He did exactly that. He left the bus filled with practical wisdom for life and ministry. Why? He listened.

Keep quiet.

Stay calm.

Listen.

It takes a man of understanding to draw things out of the heart of greatness.
Proverbs 20:5 NKJV

[5] Counsel in the heart of man is like deep water, But a man of understanding will draw it out.
Proverbs 20:5 NLT

[5] Though good advice lies deep within the heart, a person with understanding will draw it out.

Many have lost good advice because they could not listen. Learn to keep quiet and learn.

CONFESSION

I have the royalty mindset. I am not arrogant before kings. I draw virtues and wisdom from my father and teachers.

DAY
08

BAD ATTITUDE AND DIVINE FAVOUR DO NOT MIX

Text: Psalm 90:17 NIV

May the favor of the Lord our God rest on us; establish the work of our hands for us— yes, establish the work of our hands.

I had a very important meeting to attend, and I also needed to get some other things done. There was no way I would miss the meeting. It was way more important to me.

So, I wanted to delegate the things I needed to fix to another person. Someone said to me, “Sir, even if you call them, they are always busy. They will not leave their workshop to come to you”.

The moment he made that statement, my spirit got charged up, and I told myself, “I enjoy the favour of the Lord, and I will get my request.” I took the phone from him and spoke to their boss. In less than thirty seconds, he agreed to what I said. I was overjoyed. Things got done. I was also able to attend the meeting.

If you are not conscious of the favour of God upon your life, you will settle for things lesser than what the Lord has ordained for you. The favour of the Lord is a sure mark upon a believer. God decorates you with favour.

You are a favour-carrier and a favour-transmitter. Some things would cease because favour is speaking for you. Favour will decorate you, put you on the platform and allow you to get all the accolades.

If you want to enjoy divine favour, you must ensure you do not joke with having the right attitude. Combining favour and bad attitude is like spraying perfume on a stinking body. What you need is first a clean bath that transforms you.

And the king loved Esther above all the women, and she obtained grace and favour in his sight more than all the virgins; so that he set the royal crown upon her head and made her queen instead of Vashti.
Esther 2:17 KJV

You cannot be fighting an invisible enemy when you are coloured with pride. You are your own enemy and God himself will resist you.

A man who knows how favour works does not strife with men. Abraham did not strife with Lot. Isaac did not strife with the Philistines.

A man who is conscious of favour gives no room to strife. Strife strangles the flow of favour. Where there is strife, good works will cease.

For where envying and strife is, there is confusion and every evil work.
James 3:16 KJV

Strife opens the door for every evil work and closes the door against favour. When you savour the presence of God, He will decorate you with favour.

As you grow in wisdom, you will know that you do not just need favour with God, you also need favour with men. On earth, it matters who likes you. Do not say “I do not need anyone”. Even Jesus needed the favour of God and that of men.

And Jesus increased in wisdom and stature, and in favour with God and man.
Luke 2:52 KJV

Love God. Value His Presence. Be conscious of the favour of God upon your life. Do not despise men. Build the right attitude always.

CONFESSION

I enjoy the favour of God always. I carry the atmosphere of favour. I do not exhibit anti-favour character.



OVERCOMING TEMPTATIONS: FEAR THE LORD

Text: Hebrews 12:28 NKJV

Therefore, since we are receiving a kingdom which cannot be shaken, let us have grace, by which we may serve God acceptably with reverence and godly fear.

A minister of the gospel fell into sin and was sentenced to some years of imprisonment. Out of love and concern, even though a lot of people abandoned him, another minister went to visit him in prison.

While they had some time to chat, the minister asked: "At what point did you stop loving God that made you fall into this situation?" The imprisoned minister responded and said, "I never stopped loving God". The visiting minister was a bit puzzled comparing his answer and his current state.

The imprisoned minister then said, "I never stopped loving God. I only stopped fearing Him".

Listen beloved, I know that you love God but the question is do you fear God also? The Love of God is a blessing. It gives us access to the Lord but the fear of God teaches us not to cross the line.

The fear of the Lord is what makes you depart from evil.

Do not be wise in your own eyes; Fear the Lord and depart from evil.
Proverbs 3:7 NKJV

We saw this example in the life of Joseph when he was tempted by Mrs. Potiphar. Joseph mentioned that he would not do that evil.

There is no one greater in this house than I, nor has he kept back anything from me but you, because you are his wife. How then can I do this great wickedness, and sin against God?" Genesis 39:9 NKJV

He saw sin as great wickedness. It helped him to run from all appearances of evil.

Whatever you listen to will shape your life and decisions. Doctrine is the regulator of

character. I know people who traced their misbehaviour and sinful patterns to teachings that spoke so much about the love of the Lord and were mute about the fear of the Lord. They began to descend into a slope that led them into a mess. Doctrine is the regulator of character.

We must not travel in two extremes. You cannot fear the Lord that it becomes a bondage that keeps you from loving God. You cannot also love the Lord so much that it becomes a licence that makes you forget that there is fear of the Lord. It takes a combination of both the love of God and the fear of the Lord to maintain a solid Christian walk.

Once the fear of the Lord is lacking, you will deviate eventually.

To this day they continue practising the former rituals; they do not fear the Lord, nor do they follow their statutes or their ordinances, or the law and commandment which the Lord had commanded the children of Jacob, whom He named Israel,
II Kings 17:34 NKJV

I know you love God but do you fear the Lord also? The fear of the Lord is the beginning of wise living. People who end up failing morally begin by walking away from the covering of the fear of the Lord.

Be watchful. Where is your reverence? Where is your awe? Where is your submission to His will? Do not get carried away. You may end up falling away.

CONFESSION

I have the fear of God in everything I do. I serve God with deep reverence.

DAY 10

OVERCOMING TEMPTATIONS: KNOW WHAT IS WRITTEN

Text: Hebrews 10:7 NKJV

Then I said, 'Behold, I have come — In the volume of the book it is written of Me— To do Your will, O God.'

Back in the day, we watched quite some traditional movies. In those days, it was always a clash between good forces and evil forces. There is always a final battle between the two parties (if you know 'Abija' and 'Fadeyi Oloro' in Yoruba movies, you will understand this)

That final battle was a battle of words, incantations and declarations. When one spoke, the other would stagger and almost fall, but he gathered the strength to say, "God forbid," and then countered whatever had been said.

Eventually, the battle of words continued until the person who had no response fell to the ground defenceless and was, therefore, defeated.

In overcoming the devil and his tricks, you must also know what is written. You must have a working knowledge of the Word of God. Never allow the devil to have the final word; fire back a response immediately.

The Word of the Lord is not an under-the-pillow guard against the devil and his demons. It is not something you carry and wave like we used to see in movies. No! The Word of the Lord is potent and powerful. If you do not know what is written, you will live like a victim.

While the Psalmist was thinking about how a young man can keep his ways pure before the Lord, he came up with a potent solution:

How can a young man cleanse his way? By taking heed according to Your word. With my whole heart I have sought You; Oh, let me not wander from Your commandments! Your word I have hidden in my heart, That I might not sin against You.

Psalms 119:9-11 NKJV

When the devil fired his first salvo at the Lord

Jesus Christ, he responded, "It is written."

When the devil noticed that Jesus Christ was using the scripture as a defence, he decided to use the scripture to tempt him also. He turned his weapon into a temptation.

Then the devil took Him up into the holy city, set Him on the pinnacle of the temple, and said to Him, "If You are the Son of God, throw Yourself down. For it is written: 'He shall give His angels charge over you,' and, 'In their hands, they shall bear you up, Lest you dash your foot against a stone.'"

Matthew 4:5-6 NKJV

Jesus knew what the devil did and responded to him with scriptures again.

Jesus said to him, "It is written again, 'You shall not tempt the Lord your God.'"

Matthew 4:7 NKJV

Is the Word of God the first thing that comes to you when temptation knocks? Are you armed with the Word that your mind already begins to respond intuitively to the Word without processing it? If you do not build that resistance, you may end up as breakfast for the enemy. Study the Word. Meditate on it.

May we finish strong.

CONFESS I O N

I invest in studying the word and meditation. I weaponize the word of God at all times.



OVERCOMING TEMPTATIONS: YOUR DESIRE IS THE TRAP

Text: James 1:14 NLT

Temptation comes from our own desires, which entice us and drag us away.

As a young child, I loved festive seasons, but they brought many temptations. Mummy would fry chicken, which we called 'chicken peri-peri'. It was always tasty, and the chicken always seemed to be calling my name. I did my best not to answer, but I always returned to the fridge to check on it.

It seemed to cry out to me, "Please, take me. Rescue me from this fridge." Before I knew it, I was pulling at the skin of a piece, followed by a tiny strand that soon became a large chunk.

Just as the chicken seemed to call my attention, and I desired it, so the devil studies a person to know their desires. He leverages those desires to tempt them. You cannot be tempted with what you do not desire.

The devil did not tempt Jesus with what was not desired. When Jesus was hungry after his fast, the devil suggested that he should use his power as the son of God to prove a point (meet his own needs also) by turning stones into bread.

where he was tempted by the devil for forty days. Jesus ate nothing all that time and became very hungry. Then the devil said to him, "If you are the Son of God, tell this stone to become a loaf of bread."
Luke 4:2-3 NLT

The devil leveraged the perceived need of Jesus at the moment to tempt him.

James, the apostle of our Lord Jesus Christ, shed light on this. He said: Temptation comes from our own desires, which entice us and drag us away.
James 1:14 NLT

The temptation of David had always been women. Do you know one of the things that he did when he became king?

And David realized that the Lord had confirmed him as king over Israel and had blessed his kingdom for the sake of his people Israel. After moving from Hebron to Jerusalem, David married more concubines and wives, and they had more sons and daughters.

2 Samuel 5:12-13 NLT

Do you see why it was not a surprise that he fell into the temptation of adultery? His desire was the trap.

If you like food, food will always be your temptation. If you like fair girls, that would be your temptation. If you like effectiveness, that super-effective sister or brother or secretary can become your temptation.

Your desire is like a double-edged sword. It can lift a man when it is pure and wreck a man if the devil succeeds in contaminating it. Think of Solomon:

Solomon loved the Lord and followed all the decrees of his father, David, except that Solomon, too, offered sacrifices and burned incense at the local places of worship.
1 Kings 3:3 NLT

He loved the Lord, but his penchant for tiny compromises caught up with him.

Now King Solomon loved many foreign women. Besides Pharaoh's daughter, he married women from Moab, Ammon, Edom, Sidon, and from among the Hittites.
1 Kings 11:1 NLT

What is that thing that you really love?

Surrender it to the Lord before it becomes a trap for you. Surrender it to the Lord before the devil takes advantage of it.

CONFESSION

I submit my desire to the Lord. My desires are for God's glory.

DAY 12

CHANGE THE BATTLEGROUND

Text: Ephesians 2:6 NKJV

And raised us up together, and made us sit together in the heavenly places in Christ Jesus.

My younger daughter would always contend with and pull things out of the hands of her elder sister. I watched them struggle over a balloon one evening.

She took it from her elder sister. Danielle burst into tears while Olive was smiling. Then Danielle did something. She took it back from her. She went to a bookshelf and placed it at a height that Olive could not reach.

She smiled to herself and said, "You cannot get it from there". The balloon battle ended immediately.

Beloved, victory over the devil is not won fighting the devil on his turf. The only way you can defeat the devil is to take the battle out of his turf to a battleground where the devil's techniques do not work.

For instance, when the eagle and the snake fight, the serpent will win if the battle is on the ground but the eagle would pick up the snake and take it to a height that the snake loses its breath, and strength and then dies.

Also, in the battle of nations, the airforce comes in to destabilise a target by shell bombing it before a ground force goes in to finish the job.

Beloved, you cannot defeat the devil fighting in his way and using his style. Fear is the devil's turf. You win by faith and love. Worry is the devil's turf. You win by joy. Joy, Faith and Love changes the battleground. The devil loses orientation and then cannot comprehend let alone stand you.

How do you do this? Do not speak about the storm (you will be on his turf that way). The disciples spoke of the storm and it did not

cease. Change the game. Speak to the storm. Jesus did that and the storms obeyed.

When you begin to see physical attacks, it means the devil has lost the battle in the spiritual. He is only using his last strength to derail or distract you so he can defeat you. Stay sensitive!

Do not get angry. That's the devil's turf. Stay calm and sensitive. Confuse hell. Take the battle to heights he cannot comprehend. Imagine Jesus saying "Love your enemies". Enemies do not understand that game plan. He has no love in his arsenal.

Do not get weak. Use the airforce of prayer. Unsettle the serpent. Pull him to terrains he cannot explain. You are born to confuse hell.

The devil cannot win you in joy.

The devil cannot win you in faith.

The devil cannot defeat you on your knees.

The devil cannot defeat you when you walk in love.

Change the battleground!

You are more than a conqueror!

CONFESS I O N

I dwell in the heavenly places in Christ Jesus. I am full of faith. I am full of joy. I am full of love.

DAY 13

INTIMACY DOES NOT COME CHEAP

Text: Psalm 65:4 NKJV

Blessed is the man You choose, and cause to approach You, that he may dwell in Your courts...

When mobile phones were just getting popular, there were just a few people who had phones, and there were a few places where we had connections; I remember my parents would drive quite some distance to find the network to make calls. It was a sacrifice.

When it improved, I remember hanging the phone on the window at the exact spot where the network was strong enough. I would then connect an earpiece that would drop from the height where the phone was to the level where I was standing.

I would stand for hours talking with friends and my lover. I did not feel the pain or pressure of standing. It did not even feel like a sacrifice. It was fun.

There is a price to pay for intimacy. You do not slide into intimacy. You have to be deliberate to enjoy it. You oil relationships until intimacy is established.

The literal translation of an intimate or bosom friend in our language is "a friend that you must see before you sleep. If you do not see that particular friend, you cannot sleep."

You cannot become intimate with the Lord if you are not willing to pay the price. There is a price to pay.

First, you should know that you are as close to God as you choose to be. You must draw near to Him deliberately. It is not just based on your convenience. You must plan for it deliberately. Any distractions that will make you double-minded must be treated as a threat to your intimacy with God.

Draw near to God, and He will draw near you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.
James 4:8 NKJV

Second, you draw near in fellowship. Fellowship with God will mean you are a student of God's Word, and you do not joke with prayer. Abraham was an altar builder in his days. God would later say of Abraham:

The Lord said, "Shall I keep secret from Abraham [My friend and servant] what I am going to do,
Genesis 18:17 AMP

Third, you must not toil with sin. Someone said of the Bible, "This book will keep you away from sin, or sin will keep you away from the Bible," and another person said, "A praying man will find it hard to sin, and a sinning man will find it hard to pray. Sin will either choke prayer or prayer will choke sin".

For instance, a person who truly loves you is also jealous over you. For instance, I get jealous when the children seem to have stolen Irewamiri's attention at critical times. Do you know that God is jealous over you?

(for you shall worship no other god, for the Lord, whose name is Jealous, is a jealous God),
Exodus 34:14 NKJV

It is a dishonour to allow other things to replace a loving God. Never let it happen. A lover must never feel like he or she has to fight for space in your life. In the same way, your love for God must be distinct from every other relationship.

Build intimacy. Invest in your God-walk!

CONFESSION

I cultivate my fellowship and intimacy with God. Sin will not contaminate my devotion to God.

DAY 14

YOU HAVE A GREATER APPOINTMENT!

Text: 1 Corinthians 7:35 NKJV

And this I say for your own profit, not that I may put a leash on you, but for what is proper, and that you may serve the Lord without distraction.

I was driving that evening through some of the city's interesting areas to catch up on an appointment with my spiritual Grandfather. The GPS already told me it would take me about an hour to get to him.

Some minutes into the trip, a tricycle rider decided to be naughty and squeeze himself into a tiny space between me and the next car. The fabricated iron on his tricycle hooked the car's bumper; rather than patiently navigating. He began to pour out obscenities.

Without a sense of care, he pulled out the bumper as he drove away. Some of his mates were already forming a sympathy gang. Well! I had to choose between getting out of the car and getting delayed or driving off to keep to the scheduled time of my appointment. I smiled it off and chose the latter. I had a greater appointment to keep.

One of the ways the devil keeps men in the same spot is through the distraction of small, irrelevant fires. While you are fixated on the supposed fire, he is stealing something greater. The devil aims to destroy, but he begins by stealing- attention and other resources.

Before you get distracted, you need to ask yourself, "At what cost?" What will I be losing when I take on this matter? If you have an appointment with the President of a Great Nation and your neighbour decides to step on you on the way out, you will not start speaking with that neighbour or pick up a fight. You

have a greater appointment to keep.

Jesus showed us how it is done:

Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. Hebrews 12:2 KJV

Jesus had joy set before him. He did not get distracted by what men did to Him. His focus was strong.

Sometimes, the enemy had won the moment you got into the ring with him. Sometimes, going on when the enemy wants you to stop is actually your victory.

You cannot stop to respond to everything that throws a stone at you on the journey of destiny. You have an appointment with joy. Do not let the enemy use small fires to steal your attention.

Ask yourself: Is this worth my energy? What am I losing as I engage in distractive fights? Be careful of the fights you get into.

CONFESSION

I give full attention to divine purpose. I ignore all forms of distraction. I will fulfil my mandate.

DAY 15

OVERCOMING DISTRACTION: LEAVE THE 'NO DEMAND' ZONE

Text: John 5:17 NLT

But Jesus replied, "My Father is always working, and so am I."

My parents told a story about how my brother fell sick as a little boy. It was late in the night in Eruwa when they got a referral to the city of Ibadan. Dad would not take chances to wait till morning. They drove that same night, for almost two hours to get to the city. Why? Life was at stake. There was a demand and a deadline to meet.

If you will overcome distraction, you must constantly be under the demand of destiny and be conscious that there is a deadline.

If you will overcome distraction, make sure you do not live in the 'no demand' zone of life. The language of committed people is "I must". They intentionally place a demand on themselves.

Jesus kept using the words "I must" to define his life's journey and assignment.

- He voiced it out at the age of twelve. He was not going to have a sloppy and experimental teenage life. He knew what he wanted to do as early as possible and he stayed committed to it.

"And He said to them, "Why did you seek Me? Did you not know that I must be about My Father's business?""
Luke 2:49 NKJV

- He knew that time was not on his side. He did not have the luxury of time to be wasteful with any day.

"I must work the works of Him who sent Me while it is day; the night is coming when no one can work."
John 9:4 NKJV

- He took His task with the same passion and drive. He knew He had grounds to cover. There were cities to reach.

"but He said to them, "I must preach the kingdom of God to the other cities also because for this purpose I have been sent."

Luke 4:43 NKJV

- He took reaching individuals with the same passion; he took reaching cities. He was committed whether it was a one-on-one conversation like that of the Samaritan Woman, visiting a home like that of Zacchaeus or reaching an entire city like that of Samaria.

"And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd."
John 10:16 NKJV

See your life as a kingdom project. Do you know the way that you would usually have deadlines for your project work? That is the same way you should take life. Here, God is your supervisor.

When David slipped into the "No Demand" zone of life, he ran into trouble that led to other troubles. He saw what he was not meant to see and he did what he was not meant to do. He should have been on a major project of leading the nation to battle but he stayed back. When you are in the wrong place, you will lose battles that you had no business fighting in the first place.

When Dinah slipped into the 'No Demand' zone of life, she took a walk that began a slip into a battle she should not have been fighting.

What demands are you living under?

What deadlines do you have?

CONFESSION

My life is a kingdom project. I come out of the "no demand" zone. I will fulfil my destiny.

DAY 16

OVERCOMING DISTRACTION: FROM HIGHFLIER TO AVERAGE

Text: Philippians 1:6 AMP

I am convinced and confident of this very thing, that He who has begun a good work in you will [continue to] perfect and complete it until the day of Christ Jesus [the time of His return]

As a secondary (high) school student, the session began with amazing resolutions. I would have new notebooks, a blue or black pen, a red pen, and a ruler. The goal was to have neat and complete notes. Who could relate?

It always started well. I would write the date in the top left corner. I would write each topic and underline it with two straight red lines. My notes were always 'on point'.

By the third week, my red pen was missing. I still underlined, but with the blue pen. By the fifth week, the ruler was missing, so I improvised with a pen. Just before the midterm, there were already missing diagrams in my biology notebook.

Just before the midterm, I might need to lie to the teacher at inspection time, claiming I forgot my notebook at home, even though my incomplete notebook was lying in my bag. Because I was somewhat serious, I would get away with it. However, I would have to write all night to present a complete but untidy notebook the next day.

That is how many high-achieving students become average. Distracted people are high-achievers who become average.

By extension, this is how great writers ended up just as mere readers with many abandoned scripts. This is how great teachers of God's word ended up as mediocre voices in our generation. Once the seed of distraction is planted, diligence takes the back seat while packaging takes over.

It is tougher for gifted people to overcome distraction because people can still applaud your performance but you know deep within yourself that you have not refined the gift. What they applauded was the raw version of your gold. What if it was your gold that you showcased?

If you keep getting away with mediocre performances, you will likely consider yourself a king. Wake up! There is more to you than

that lacklustre performance. There is more to you than that average output.

You can honestly begin to ask yourself now: "If I were not distracted, what heights would I have attained by now?"

The test is always halfway. If you can overcome the halfway syndrome, you will do better. You are a good starter. You have great energy but can you bless us with a great finish also?

'I have tried my best' can be the statement of mediocrity when there is more that can be done.

We know great men by their finishing abilities. You must be a great finisher. Who starts the race leading the pack, loses steam midway, and then comes back to say, 'I deserve a prize for being the best for a few seconds'. Men will laugh at you.

Let me say to you what Paul said to us all:

"Here is my advice: It would be good for you to finish what you started a year ago..."
2 Corinthians 8:10A NLT

What did you start a year ago, a month ago?

"Now you should finish what you started. Let the eagerness you showed in the beginning be matched now..."
2 Corinthians 8:11 NLT

Will you finish what you started?

CONFESSION

I am a highflyer. I will not stop halfway. I am above always and not beneath.

ATOM

Anuoluwapo
Temiloluwa Ola Ministry

GROOMS NIGHT

HEART TO HEART MEN'S MEETING

with Pastor Temi Ola

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OF EVERY MONTH**

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DAY 17

OVERCOMING DISTRACTION: DISTRACTION BEGINS WITH ATTRACTION

Text: Hebrews 12:1 ESV

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that

The first time I fell in love had some unforgettable moments. I had fallen head over heels. It became so bad that if I was heading to pray and the babe requested a meet-up, I would postpone my prayer time just to see her. It was becoming a distraction.

One day, while I was spending time in prayer, I heard the Lord instruct me, saying, "Drop that handbag". I knew what the Lord was referring to. I was getting distracted.

Whatever will distract you must attract you first. You cannot be distracted by anything that you are not attracted to.

Nothing distracts you without your permission. If it distracted you, you permitted it. If you are already losing your will to say to the attraction that led to distraction, it is likely already an addiction. The moment impulse has taken over from reasoning, there is trouble.

King Solomon started as a genuine lover of God but his attraction to strange women became his distraction. He started by making sacrifices to the Lord and asking for wisdom.

And Solomon loved the LORD, walking in the statutes of David his father"
1 Kings 3:3 KJV

Solomon got an Egyptian princess as part of a treaty agreement but he soon had seven hundred princesses. His attraction soon became a distraction. What began with the Egyptian princess soon began to spread.

But King Solomon loved many strange women, together with the daughter of Pharaoh, women of the Moabites, Ammonites, Edomites, Zidonians, and Hittites;
1 Kings 11:1 KJV

His harem turned his heart away:

And he had seven hundred wives, princesses, and three hundred concubines: and his wives turned away his heart.

1 Kings 11:3 KJV

For it came to pass, when Solomon was old, that his wives turned away his heart after other gods: and his heart was not perfect with the LORD his God, as was the heart of David his father.
1 Kings 11:4 KJV

Your distraction can begin with attraction to a gaming app. For some, it could be where the seed of gambling was sold. There are times when your subscription to movie apps has become a distraction from the study of God's Word and prayer.

How does the Apostle James put it?

And remember, when you are being tempted, do not say, "God is tempting me." God is never tempted to do wrong, and he never tempts anyone else. Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.
James 1:13-15 NLT

Temptation comes from our own desires. Do you realize that the devil tempted Jesus when he was hungry? He then suggested bread to him. He knew that his desire was the only way to get him. Be careful of your desire. It can also be your temptation.

Will you allow your desire to drag you away?

Will you watch that attraction become a distraction and also an addiction if not watched?

Do not forget. Whatever distracts you can defeat you.

CONFESSION

I lay aside heavyweights and encumbrances. I am not distracted. I will not be defeated.

DAY 18

PROTECT YOUR HOUR OF PRAYER!

Text: Leviticus 6:12 KJV

And the fire upon the altar shall be burning in it; it shall not be put out: and the priest shall burn wood on it every morning...

A dear teacher was sharing about how she became really sad during one of her birthdays. Her friends came around, and they had just one common statement to make- "Tone down your spirituality." They accused her that there were times they would be together, and she would ask for time to withdraw and pray. They felt she was being excessive with her spiritual discipline. They felt she was being spooky. Today, the difference is clear. Her life was protected from evil and error. She found and responded promptly to divine instructions.

One of the things that happens to people is that they set aside time to pray, but they end up not honouring that hour of prayer. We may be in the season of grace but we cannot do without discipline.

As a child of God, you belong to the kingdom of priests.

"And has made us kings and priests to His God and Father, to Him be glory and dominion forever and ever. Amen." Revelation 1:6 NKJV

It means that you must understand priesthood for you to be effective in this kingdom. What do priests do? They offer sacrifices.

You also, as living stones, are being built up a spiritual house, a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ. 1 Peter 2:5 NKJV

You need discipline if you will be able to operate effectively as a priest who offers up sacrifices. Protect everything that will enhance your priesthood. Reject everything that will dilute your priesthood.

For instance, if you want to wake up to pray by 1 am every day, you must ensure that you close the day early enough so you can have

some sleep before that hour. Do not keep pressing your phone and watching reels till almost midnight. Protect that hour.

In addition, you can decide to skip dinner or eat very light meals so you can honour that hour. If not, you will struggle to wake up, and eventually, if you wake up, you may struggle to stay alert and pray.

Furthermore, you can decide that the last thing you would do is to read a portion of scripture before you sleep. You keep that scripture in your mind. Let your mind chew on it as you go to sleep. It will become your trigger to respond faster to the time of prayer.

In priesthood, there is an altar, and there are sacrifices. If you are not ready to be consistent, you are not ready for priesthood. There are Fathers of Faith who have honoured a particular hour of prayer for thirty-five years and beyond. God does not despise those who honour him.

Do you need a little reminder of your priesthood? What did you call devotion in your younger years?

Personal Devotion was Personal Altar.

Family Devotion was Family Altar.

Dear priest, do you have a personal altar?
Dear family, do you have a family altar?

Protect your hour of prayer!

CONFESSION

*I perform my priesthood functions always.
My life of devotion is aflame and alive.*

DAY 19

APPRECIATE SOLID CHARACTER

Text: Acts 6:3 NKJV

Therefore, brethren, seek out from among you seven men of good reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business.

During our building project, I remember the morning we needed eight hundred thousand naira. At midnight, while I danced and gave God praise, someone I had known since 2004 sent half a million as a seed for the project. I was really grateful.

While on-site the day the money was required, I was thanking God when a dear sister sent me a message asking for the project account. She sent three hundred thousand naira. We got the exact sum we needed.

But the real deal for me was when I messaged the second giver saying, "Thank You and the Lord bless your seed sown". She responded, "Pastor Temi, you are a great steward of God's resources". It is a privilege that I would never abuse. God leveraged that to meet our needs miraculously. What if I had been abusing His resources? We got exactly the amount we needed.

Beloved, appreciate solid character. Character is who you are when no one else is looking. Character is different from reputation. Reputation is what you want people to perceive about you, but character is who you really are.

The tests of life will always reveal the stuff you are made of.
James 1:2-4 MSG

Consider it a sheer gift, friends, when tests and challenges come at you from all sides. You know that under pressure, your faith-life is forced into the open and shows its true colours. So don't try to get out of anything prematurely. Let it do its work, so you become mature and well-developed, not deficient in any way.

The devil will tempt you, especially in times of need. He will leverage your hunger to introduce the idea of turning stones into bread.

You will be in financial need and ideas will come to you. Make sure you pass your test. He can ask you to steal and assure you no one will notice. Smiles. It has happened to me before as a pastor. I was visiting a rich

uncle who left huge money on his table and left me alone there. We had needs and the devil brought ideas. I rejected that thought. The devil will always try.

You will be in emotional, or intimacy needs, and the devil will show up again. He does it often. It is the time that your spouse is overwhelmed that an old classmate will begin to give you attention. You must be very watchful.

As a person, build solid character but also build a culture of appreciating people with solid character.

I have a childhood friend with whom we agreed from university admission that we would never lie for each other. He was never to write my name on an attendance list when I was not in class, and I was never to do the same. We stood on righteousness.

There are Christian parents who sponsor malpractice now. It is a shame. There are Christians who did not write their own final-year projects. How did we get here? Christians are now comfortable in conforming. There are Christians who bypass appropriate measures for utility bills. How are you comfortable with such behaviour?

Matthew 5:13 MSG

"Let me tell you why you are here. You're here to be salt-seasoning that brings out the God-flavors of this earth. If you lose your saltiness, how will people taste godliness? You've lost your usefulness and will end up in the garbage.

This is why people treat some 'believers' like trash! Character counts.

CONFESSION

I develop solid character.

DAY
20

APPRECIATE LABOURERS

Text: 1 Timothy 5:17 NKJV

Let the elders who rule well be counted worthy of double honour, especially those who labour in the word and doctrine.

I once had a colleague while on a course. She happened to be a daughter of missionaries. We started a conversation one day about her journey. She said to me, "My parents have done so much in missions that my own intent is to make money". I heard what she had not even said.

Our stewards in the ministry gave a gift to our daughters and wrote a note on it, "Thank you for allowing Dad and Mum to do ministry". Ah! It was one of the most thoughtful acts I have seen in ministry. It is rarely seen. That seed of love is one of preservation.

Listen, there are sons and daughters of labourers who are caught in the trap of bitterness. They are bitter with the church and everything it represents. Some are even bitter with God. As much as they have a responsibility, the church also must be responsible. You may know at least one pastor's seed that has made up his mind that ministry is a no-go area.

There are old pastors who have been neglected in "retirement". They are now forgotten ones.

One of the areas we must work on is appreciating men who have laboured and are labouring. Please note the word "labouring". It is not those who feel entitled. That is what the scripture instructs:

1 Timothy 5:17 AMP

The elders who perform their leadership duties well are to be considered worthy of double honour (financial support), especially those who work hard at preaching and teaching [the word of God concerning eternal salvation through Christ].

Let's check:

Do you have a pastor?

Do his teachings bless you?

Does he stand with you in celebration and in tough times?

Does he labour in cautioning, correcting and coaching you?

If you say Yes to those questions, then answer this question:

When last did you show any form of appreciation?

1 Corinthians 9:11 ICB

We planted spiritual seed among you. So, we should be able to harvest from you some things for this life. Surely this is not asking too much.

Most sincere pastors will not place a demand because they do not want the ministry to be hindered.

1 Corinthians 9:12a ICB

But we do not use this right. No, we put up with everything ourselves so that we will not stop anyone from obeying the Good News of Christ.

Start from somewhere:

- Send a text message of gratitude.
- Fix their data or call bills periodically.
- Make sure they have power so they can work nights. Most pastors are night workers.
- Take care of their family's clothing needs
- Send them on a family time out or alone as the case demands. Some pastors' wives have not had a timeout with their husbands in years.
- Support His children with scholarships
- Give them a car gift or drive them to meetings
- Buy them books that will bless them.
- Share teachings from them with others.
- Ask the Lord to lead you.

I want to appreciate the church I pastor and my sons and daughters. We have enjoyed all of this. A genuine pastor lives a sacrificial life. He has even done much more at times.

Please, if you have a pastor that labours over you, go and do likewise.

CONFESSION

I bless my pastors. I honour their labour. I take care of their needs.

DAY 21

THE DAY THE GENERATOR REFUSED TO START

Text: Ecclesiastes 9:8 NKJV

Let your garments always be white, and let your head lack no oil.

The generator at home began to show interesting signs: it became very hard to pull. It respected only the man of the house. It also began to consume oil aggressively. We had to constantly refill the oil to keep it running.

One evening, it refused to start despite all the forceful pulling. It struck me, and I told the person struggling with it to check the oil. It had dried up in less than twenty-four hours.

Ministry runs on oil. It is hard to do ministry without the anointing. The anointing makes the assignment an enjoyment. Without the anointing, men will struggle.

Even Jesus had to be anointed for his assignment.

“How God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him” Acts 10:38 NKJV

Without the anointing, Jesus would have also been limited in ministry. With the anointing, he did great works.

Samson saw how hard ministry becomes without the anointing of God. It becomes a mere show of physical aggression that produces no results at all.

So he awoke from his sleep, and said, “I will go out as before, at other times, and shake myself free!” But he did not know that the Lord had departed from him. Judges 16:20 NKJV

When a man runs out of the anointing, he becomes easy prey for the enemy. He becomes a sport. Ministry becomes like a performance.

So it happened, when their hearts were merry, that they said, “Call for Samson, that he may perform for us.” So they called for Samson from the prison, and he performed for them. Judges 16:25 NKJV

The anointing is refreshed only in the presence of the Lord. If we do not spend time in His presence, we would not be able to generate or distribute power.

Like a dead generator that lacks oil, power will not be generated and it cannot be distributed.

Protect the oil upon your life at all costs. It is your crown of a priest. You are a new testament priest. Do not joke with it and let nothing tamper with it.

Neither shall he go out of the sanctuary, nor profane the sanctuary of his God; for the crown of the anointing oil of his God is upon him: I am the Lord. Leviticus 21:12 KJV

When you are anointed, you operate as a king among men. When you tamper with it, men will ridicule you. Do not take it for granted.

CONFESSION

*I protect the anointing of the Lord upon me.
I am the Lord's anointed.*

DAY 22

DON'T MISS YOUR OPEN DOORS

Text: Ephesians 5:16 NLT

Make the most of every opportunity in these evil days.

It was a Saturday evening. I was still an undergraduate. I was spending some time with my Aunt. It was the first time I was visiting her family. She said to me, "Temi, we have a 10 minutes section of tits and bits in teens church. I would love you to share something with the teenagers".

I spent virtually the whole night in prayers and studies. I shared that Sunday about "The Story of Joseph and I". The rest like they say is history. That door has opened many other doors today.

First, it is a delight when your family members see and recognise the grace of God upon you and they do not despise it.

The people who knew Jesus from birth took the grace of God upon His life for granted. They never stopped seeing him as the son of the carpenter or as the brother of James or as the smart boy who delivered the furniture they use at home or their office. Their view of Jesus was limited.

He came into the very world he created, but the world didn't recognize him. He came to his own people, and even they rejected him. John 1:10-11 NLT

Even when his brothers seemingly recognised the grace upon His life, they ridiculed him and played pranks on Him:

And Jesus' brothers said to him, "Leave here and go to Judea, where your followers can see your miracles! You can't become famous if you hide like this! If you can do such wonderful things, show yourself to the world!" For even his brothers didn't believe in him. John 7:3-5 NLT

So, it is a rare thing for people who are close to the one the Lord has called to recognise and receive of the Grace of God upon their lives.

However, anyone that has the call of God

upon his life must pass this test of how he treats those who are close to him also. The first miracle of Jesus happened because of the demand of His mother. If you take those close to you for granted, the doors of your prepared season may never open to you.

Second, when a door opens to you, make sure it meets you prepared and after it has opened, go back and invest again

Be prepared for your open doors and when they open, let your preparation go to a new level.

Begin to engage your mind while in the prison of waiting by asking yourself "If the palace of my destiny sends for me, how will I appear, what will I say that will ensure I do not come back here?" Send your mind on a trip to your future.

To change levels, your imagination needs to be actively engaged. The problem most times is that the imagination of many has been corrupted by lust, limited by mediocrity and disorganized by distraction.

Do not sit back and relax when the door has opened. An open door is not the end of the journey, it is the beginning. Never take it for granted.

An opportunity can be a bridge or a grave. If you maximize it, it becomes the bridge to greater opportunities. If you take it for granted, it becomes the graveyard for greater opportunities. May your first opportunity not become a funeral of greater opportunities.

CONFESSION

I maximise my days of opportunities. I prepare always for open doors. I make progress by the hand of God.



THERE ARE STILL GENUINE PROPHETS

Text: Matthew 7:16 NIV

By their fruit, you will recognize them...

When she finished leading worship in our convention years ago, the guest minister was about to preach. He paused and called her. He asked about her husband. Fortunately, he was in the meeting. He said to them, "I do not know you but thus says the Lord, 'In nine months, you will have your baby'.

They had been married for about 4 years and trusted God for a baby. That was in March. The baby boy landed the last week of December. It was exactly nine months.

Beloved, there are still genuine Prophets and the Gifts of the Spirit is still actively at work in our midst.

Men have abused spiritual things. There are fakes I agree but the presence of the fake is proof that there is an original.

If you despise all spiritual gifts and you despise Spiritual offices because of the fakes you have encountered, you will shut yourself out of a certain dimension of God's redemptive plan for your life.

You will be a great Christian but there will be dimensions you will not enjoy. You will be content with normal life but supernatural dimensions will be closed in your life.

Why? How you perceive and receive Offices and Gifts come with its reward.

He who receives a prophet in the name of a prophet shall receive a prophet's reward. And he who receives a righteous man in the name of a righteous man shall receive a righteous man's reward.
Matthew 10:41 NKJV

How then do I know the genuine and not get swindled by the fake?

It is simple. Check the fruits and not just the gift. Jesus told us clearly:

"Beware of false prophets, who come to you in sheep's clothing, but inwardly they are ravenous wolves. You will know them by their fruits. Do men gather grapes from thornbushes or figs from thistles? Even so, every good tree bears good fruit, but a bad tree bears bad fruit. A good tree cannot bear bad fruit, nor can a bad tree bear good fruit. Therefore by their fruits, you will know them."

Matthew 7:15-18, 20 NKJV

What are the fruits to look out for?

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such, there is no law.
Galatians 5:22-23 NKJV

Is he walking in love?
Is he controlled by greed?
Is he trying to sleep with me?

No genuine servant of the Lord would display fruits that are not of the spirit. Do not be carried away by gifts. Check for fruits.

CONFESS I O N

I hold on to genuine prophecies over my life. I am sensitive to genuine fruits. I am not swayed by gifts only.

DAY 24

PREPARE FOR OPPORTUNITIES BEFORE THEY COME

Text: Job 14:14 NKJV

If a man dies, shall he live again? All the days of my hard service I will wait till my change comes.

A protégé reached out to me and said, “Pastor, we need to open a domiciliary account. Some people may want to give to you in foreign currencies to support the work.” I felt slightly uncomfortable but promised to address it. I had the opportunity to open one previously but did not follow through at the time.

Years ago, when we relied on rainwater, we would position buckets at the edge of the roof before leaving the house, to collect water if it rained. We also had water channels to gather rainwater running from the roof into large drums or tanks. Although we had not seen rain, we were always prepared.

Life is about preparation. Just because you have not seen something does not mean you should not prepare for it.

Faith is also about preparation. Just because something is not yet seen does not mean it does not exist. You must begin to prepare for what you desire.

Now faith is the assurance (title deed, confirmation) of things hoped for (divinely guaranteed), and the evidence of things not seen [the conviction of their reality—faith comprehends as fact what cannot be experienced by the physical senses].
Hebrews 11:1 AMP

Most young people will always say they want a God-fearing person and they add a long list of other qualities they desire. The question is when it rains, are your buckets already outside? That is, do you have the same qualities that you are looking for. If not, it is just a mere wish.

If you are trusting God for enlargement, you must be extending your territory and creating room for more.

“Clear lots of ground for your tents! Make your tents large. Spread out! Think big! Use plenty of rope, drive the tent pegs deep...” Isaiah 54:2

If you want a job in a multinational, are you following those working there also on Social Media platforms? Do you check to see the requirements that the company is putting out? Or are you lost in irrelevant platforms engaging in unproductive things?

No matter how much the pastor prophesy over you, a prophecy that interacts with preparation is the one that leads to a promotion.

If you desire a promotion, work for the new level that you desire. Do not do the work of a manager and expect the post of a senior manager. Do your best. Over-deliver.

Keep the buckets out. It will rain. If possible, build a reservoir. If you can, dig a well. Be prepared for your opportunities. Your preparation can end up creating your opportunities.

CONFESSION

Opportunities will not meet me unprepared. I cultivate my land always. I put my best in all I do.



HE NEVER KEEPS TO TIME OF DELIVERY

Text: Proverbs 22:29 NIV

Do you see someone skilled in their work? They will serve before kings; they will not serve before officials of low rank.

I rewamiri was definitely not pleased after the phone call. One of the suppliers of the school materials had consistently acted unprofessionally. She said, “He never keeps to the delivery schedule. He always has one excuse or another. This is neither his first nor his second offence. I don’t think I want to continue dealing with him.”

Reliable delivery earns you excellent referrals. A poor attitude and inferior quality cause you to lose opportunities. Do not rely solely on prayer when you have issues with poor quality and a bad attitude. First, rely on the Sword of the Spirit to address those tendencies.

People complain they are stranded but they are the first enemies of their own progress.

If you want to get the attention of the palace and win the heart of kings, you must be a diligent student of what kings love and what the palace requires.

Kings are not interested in poor delivery or shallow performances. When the destiny of nations is at stake, you don’t expect kings to be engaged with frivolity. You either deliver or you are sent packing.

What brought Joseph to the palace? His ability to deliver solutions.

And Pharaoh said to Joseph, “I have had a dream, and there is no one who can

interpret it. But I have heard it said of you that you can understand a dream, to interpret it.”

Genesis 41:15 NKJV

What brought Daniel to the palace and sustained his place before kings? The ability to deliver great quality.

Then Daniel was brought in before the king. The king spoke, and said to Daniel, “Are you that Daniel who is one of the captives from Judah, whom my father the king brought from Judah? I have heard of you, that the Spirit of God is in you, and that light and understanding and excellent wisdom are found in you. Daniel 5:13-14 NKJV

Bad delivery will lead to bad referrals.

Great delivery will lead to great referrals.

Let your attitude choose the level you will be and the response you will attract.

CONFESSION

I deliver quality services. I am not slothful and backward. The hand of God is on my life for increase and expansion.

DAY
26

DON'T EVER ALLOW OFFENCE TO THRIVE

Text: Acts 24:16 NKJV

This being so, I myself always strive to have a conscience without offence toward God and men.

A dear father in the faith gave me an appointment to see him. I honoured the day but I sent messages to get further details. I got no reply. I had to travel back to base without seeing him. I sent some follow-up messages.

Some weeks later, I needed to send him another message when I realised that he sent me a message that I did not see. I was so shocked. I had to apologise. I told myself, "Thank God I did not walk the path of offence. I would have acted foolishly"

Certainly, offence will surely come. You must be the one that will refuse to be offended. Ensure you are also not the trigger of an offence.

Then He said to the disciples, "It is impossible that no offences should come, but woe to him through whom they do come!"

Luke 17:1 NKJV

As long as men relate, one issue or the other will come up but you must not just walk in forgiveness, you must walk in advanced forgiveness.

Much more than forgiveness, you must learn that "Love bears all things". Give space on your heart that deals with the challenges that come with relating with people.

Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; bears all things, believes all things, hopes all things, endures all things.

I Corinthians 13:4, 7 NKJV

Offences arise most times when you are quick to jump to conclusions. If you have not seen the full picture, do not form an opinion. Be patient. It may not be the way you think it is.

There are times as children that our parents flogged us, shouted at us and disciplined us without knowing the full story. They listened to an outsider and reached conclusions about our character and behaviour. Some of you still have that pain in your heart till now. Let it go!

But the big question is- Who are you treating the same way? Do you have the full picture of what your spouse actually did or it was what you were told? Have you given that friend the benefit of doubt? How about your business partner? Be patient. It may not be what you think.

CONFESSION

Offence does not thrive in my environment. My heart is resistant to offence.

DAY 27

“YOU WILL HANDLE THESE SCHEDULES FOR ME”

Text: Ephesians 4:1 NKJV

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called.

Once I responded to the call from my trainer that day, I knew I had to hand over the things that I was handling. I called my associate and informed him. I handed over meetings and some important appointments to him. The house was not in disarray while I was away. I returned impressed with how things were done.

First, a call to another task is not an excuse to abandon a previous task shabbily. How did David handle the sheep each time Jesse sent for him, especially considering there were lions and bears in the terrain where they pastured? We saw what David did with what Eliab despised and referred to them as the “few sheep”:

So David rose early in the morning, left the sheep with a keeper, and took the things and went as Jesse had commanded him. And he came to the camp as the army was going out to the fight and shouting for the battle.

I Samuel 17:20 NKJV

Second, David left the sheep with a keeper. One proof that you are well trained is that you are also training others. A trained man attracts others who desire to be trained also. God will send men to you. Men will join themselves to you. The sheep did not suffer while David was away because there was someone who was watching him do it previously.

If the work derails because you left for a few days, it is proof that you have a whole lot to do. If you are afraid of leaving the

work because it may fail, it is proof that you have a deficiency in training. If you are scared of leaving the work to another because you are the only one who can and who must do it so that your position and ‘your people’ are not hijacked, it may be proof that you have an issue with poor self-esteem.

The call of a trainer is never to decrease. It is always shaping, sharpening and strengthening.

Finally, there are things your trainer does not have to call you for. You must know that you need to be there. Learning comes with a price. Attend training conferences that have been put together by your trainer. You don’t have to be invited to speak. Do not go to such meetings with the mindset of “We are just here to add colour to the event”. It is not an event. It is your school.

Let honour flow from your heart continually. You will attract grace. You will attract growth. You will see opportunities.

CONFESS I O N

I give my best to destiny assignments. I maximise the growth platforms from my trainer.

DAY
28

THE WEIGHT OF WORDS IN MARRIAGE AND FAMILY LIFE (1)

Text: Proverbs 15:1 NLT

A gentle answer deflects anger, but harsh words make tempers flare.

I still remember the exact spot where we were that day. Irewamiri sneezed, and I replied, “Same to you.” She exploded. “Are there no kind words in your vocabulary? What happened to ‘Sorry dear’ or ‘Bless you dear’? What does ‘Same to you’ even mean? It’s better not to speak at all.”

I was shocked. I told her I was only joking, but she would not tolerate that kind of joke. Then, I quietly asked, “I have been saying this for a long time. I genuinely didn’t realise it was hurting you. I’m sorry.” I became very careful with my words, especially my sarcastic tendencies.

It is very important that you weigh the impact of your words on your spouse. Are there things you say that your spouse withdraws into him or herself? Do you even notice at all?

One of the things that cause issues in communication is misinterpretation of intent.

Most times, rather than asking for clarity or telling the partner that it hurts, the partner keeps it in mind and brings it out as a weapon on a day that it will hurt or just responds in anger.

Silence is not necessarily proof that all is well. A high voltage may be passing through the mind of your spouse. The day it comes out, it could be deadly. A quiet spouse may have trouble loading. Be sensitive.

Do not clothe your thoughts in wicked sarcasm. It hurts deeply, especially when you have a smart spouse who can read between the lines. I have seen it tear couples apart.

Never use the word “Always”. Once you use that word, it has moved from discussing issues to attacking the person. You are saying it is a pattern and a character issue. Focus on resolving the issues before you. It helps communication.

There is power in a gentle answer. It turns away wrath. Respond gently during a disagreement. It douses the tension.
Proverbs 17:14 NIV

Starting a quarrel is like breaching a dam; so drop the matter before a dispute breaks out.

Learn how to drop the matter before it becomes a major issue. Respond gently no matter what. You may be under pressure to react, but ask for grace to respond.
Proverbs 15:1 TPT

Respond gently when you are confronted and you’ll defuse the rage of another. Responding with sharp, cutting words will only make it worse.

May your words, consciously and unconsciously spoken, build your spouse and your home.

CONFESION

My words carry grace. My mouth is a well of life.

DAY
29

THE WEIGHT OF WORDS IN MARRIAGE AND FAMILY LIFE (2)

Text: Ecclesiastes 7:9 AMP

Do not be eager in your heart to be angry, For anger dwells in the heart of fools.

It was a pretty interesting week. Irewamiri and I had quite some intense disagreements. Amazingly, it was happening at the end of a personal fast. We struggled through it that week. We spoke quite some weighty words to one another. I remember telling her, “I am afraid of you”. She responded that she was tired of me and that I should let her be.

When I eventually sought the counsel of my parents in the faith seeking wisdom to navigate the season, the first rebuke I got was “Never say you are afraid of your wife. There is no fear in love. Do not give the devil an advantage”. I repented immediately. The strange atmosphere was nipped in the bud. We enjoyed peace. Amazingly, it was a third-party issue that triggered all the strain.

There is a cycle that the devil adopts, and it works effectively in breaking down communication in relationships. It is quite simple but dangerous:

Stage 1: Someone gets angry about a situation and begins to react.

Stage 2: The spouse notices and makes an attempt to apologise but the offended does not give any attention and rebuffs all peace moves.

Stage 3: The spouse gives up and withdraws into his shell. While in withdrawal, he or she feels disappointed and begins to nurse anger.

Stage 4: The offended gets calm and is ready for a conversation and begins to broker peace moves stylishly.

Stage 5: The spouse is already angry and does not want to sit to have any conversation.

Eventually, both of them remain angry. It is an effective weapon. Many have remained in that

cycle for many years. They call it a breakdown of communication.

Never allow the devil to weaponise words and thoughts in your marriage. Make sure to walk the path of meekness. Be humble enough to break that cycle. Do not let the devil get you into a corner while he loads your mind with negative thoughts about your spouse. Cut that cycle immediately.

The truth I have learnt is that the earlier you break the cycle, the better it is. If you allow it to linger, it may get tougher to break the cycle.

Obeys the first prompt to apologise even when you do not feel like you are the one who is wrong. There are things we do so that the enemy will not have an advantage and peace can reign.

This is the word of the Lord to you:
Ephesians 4:26-27 NLT

[26] And “don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry, [27] for anger gives a foothold to the devil.

Anger is the devil’s ambassador. He sends it as an emissary anywhere he wants to control territories. Is he gaining territories in your mind and in your marriage? Deny him that working space now.

CONFESSION

Anger has no foothold in my home. I have self-control. My home is regulated by the joy of the Holy Ghost.

DAY
30

HOW TO BUILD A RICH WORD CULTURE IN YOUR HOME

Text: Ephesians 4:2 AMP

With all humility [forsaking self-righteousness], and gentleness [maintaining self-control], with patience, bearing with one another in [unselfish] love.

I requested bread and fried egg with sausages. When Irewamiri called me to eat. I settled down to it with great expectation. When I got to the table, I noticed that she had forgotten the sausages. I settled down to eat without saying a word. I wanted to point her attention to it, but the Spirit of the Lord told me not to say a word.

As I sat down to eat, I began to show appreciation for the great meal. Midway, Irewamiri joined me at the table. She took a portion of the meal. She noticed that the egg was slightly salty and that the sausage was missing. She said, "Darling, this egg is slightly salty and oh my God! I forgot the sausage also".

I smiled and told her that I loved the meal either way. Why was I calm? The Holy Spirit had said to me, "The only reason you could see a fault is because she made an effort. Appreciate the effort and ignore the fault". This has become our standard rule for communication. We focus on efforts and not on faults.

If you will build a rich word culture, you must learn to ruminate on the best points about your spouse. No matter how bad you think they are, find something good about them.

Why is this important?

First, love does not keep a record of wrongs. Where did you see all these heavy loads about their shortcomings? How come you carry about a diary of their slips, errors and misjudgement?

Second, you must believe that the Lord is at work in his or her life, and you must be willing to cheer your spouse on as he or she grows.

When last did you notice something great about your spouse? Did you mention it? When last did you send a note of appreciation highlighting things they have done well for

you? Ingratitude kills.

Third, it gives you the chance to show mercy to your spouse. Think about it this way: God knows even your weakness. God sees you in your worst form, but He is still gracious to you. God calls you His own. He even looked at you and called you His friend (can you imagine even Judas was in that meeting) John 15:15 NKJV

No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you.

Do you know other things that God calls you? He calls you His chosen despite your shortcomings. Think about how God has lavished His love on you. If you understand God's love and grace, there is nothing your spouse has done or can do that will shut down your bowels of grace and mercy. You will never find it easy to always use "divorce" as a tool of intimidation and negotiation.

Stop and think! What are the great qualities of my spouse? Would you choose to find at least one reason each day to be grateful for your spouse in the next month? Send a note of gratitude every day. You will be surprised that there will be a shift in your and your home.

What killed that loving atmosphere you had was ingratitude, especially towards your spouse. It will be worse off if someone is already doing that for you. Take back your spouse. Speak kind words. Appreciate efforts. Overlook the faults.

CONFESSION

I love my spouse genuinely. I do not keep records of wrongs. My home is ruled by the voice of the Holy Ghost.



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